Aristotle’s Physics: A Physicist’s Look

ABSTRACT: I show that Aristotelian physics is a correct and nonintuitive approximation of Newtonian physics in the suitable domain (motion in fluids) in the same technical sense in which Newton’s theory is an approximation of Einstein’s theory. Aristotelian physics lasted long not because it became dogma, but because it is a very good, empirically grounded theory. This observation suggests some general considerations on intertheoretical relationships.

KEYWORDS: history of philosophy, ancient philosophy, Aristotle, philosophy of science, philosophy of physics

1. Introduction

Aristotle’s Physics (1990a, 1990b, 1990c) does not enjoy good press. It is commonly called ‘intuitive’ and at the same time ‘blatantly wrong’. For instance, it is commonly said to state that heavier objects fall faster, when every high-school kid should know they fall at the same speed. (Do they?) Science, we also read, began only after escaping the Aristotelian straightjacket and learning to rely on observation. Aristotelian physics is not even included among the numerous entries of the Stanford Encyclopaedia of Philosophy devoted to Aristotle (Bodnar 2012). To be sure, there are also less hostile and more sympathetic accounts of Aristotle’s views on nature, change, and motion, and the historical importance of these views is recognized. But here is a common example of evaluation:

Traditionally scholars have found the notion congenial that Aristotle’s intended method in his works on natural science is empirical, even as they have criticized him for failures on this count. The current generation has reversed this verdict entirely. The Physics in particular is now standardly taken as a paradigm of Aristotle’s use of the dialectical method, understood as a largely conceptual or a priori technique of inquiry appropriate for philosophy, as opposed to the more empirical inquiries which we, these days, now typically regard as scientific. (Bolton 1995)

In other words, Aristotle’s science is either not science at all, or, to the extent it is science, it is a failure.

From the perspective of a modern physicist such as myself, this widespread and simplistic dismissal of Aristotelian physics is profoundly misleading. Taking this
(anachronistic) perspective, I argue here that contrary to common claims Aristotle’s physics is counterintuitive, based on observation, and correct (in its domain of validity) in the same sense in which Newtonian physics is correct (in its domain).

Newtonian physics provides an effective conceptual scheme for understanding physical phenomena. But strictly speaking it is wrong. For instance, the planet Mercury follows an orbit that is not the one predicted by Newtonian physics. Einstein’s theory provides a better description of gravitational phenomena, one that predicts the observed motion of Mercury correctly. Newtonian theory matches Einstein’s theory in a domain of phenomena that includes most of our experience, but our observational precision on Mercury is sufficient to reveal the discrepancy. This limitation does not compromise the value—practical, conceptual, and historical—of Newton’s theory, which remains the rock on which Einstein built and is still widely used.

The relation between Einstein’s and Newton’s theories is detailed in all relativity manuals: if we restrict Einstein’s theory to a certain domain of phenomena (small relative velocities, weak gravitational field, etc.), we obtain the Newtonian theory in the appropriate approximation. Understanding this relation is not an empty academic exercise; rather, it is an important piece of theoretical physics in the cultural baggage of any good scientist. It clarifies the meaning of relations between different successful theories and sheds light on the very nature of physical theories. For example, we already know that Einstein’s theory, in turn, has a limited domain of validity (it is invalid beyond the Planck scale).

I show in this note that the technical relation between Aristotle’s physics and Newton’s physics is of the same nature as the relation between Newton’s physics and Einstein’s. To this end, I reformulate and derive Aristotle’s physics in modern terms (to compare Newton’s and Einstein’s theories we must start from the second, of course). Therefore, this is not a paper on the history of science: I do not look at Aristotle from his own time’s perspective but rather from the perspective of a later time. Moreover, I am not interested here in the complex historical developments that lead from ancient to modern physics; the literature on this topic is vast, extending from ancient (Barbour 1989) to medieval (Grant 2008) and then Galilean (Drake 2003; Heilbron 2010) science. Here I compare the two theories of physics that have had the largest and the longest success in the history of humanity as a contemporary scientist would describe them: in modern technical terms. That is, we recover Newton’s approximation of Einstein’s theory using Einstein’s language, not the other way around, of course. I think the comparison sheds light on the way theories are related. In the last section, I add some general considerations on the nature of scientific progress.

2. Brief Review of Aristotle’s Physics

History of science may have two distinct objectives. The first is to reconstruct the historical complexity of an author or a period. The second is to understand how we got to know what we know. There is tension between these two aims. Facts
or ideas of scarce relevance for one may have major relevance for the other. Take the characteristic case of a scientist who has worked a large part of his life on a theory $A$, soon forgotten and without historical consequences, and for a short period on a theory $B$, which has opened the way to major later developments. The historian working from the first perspective is mostly interested in $A$ and scarcely in $B$. The historian working from the second perspective is mostly interested in $B$ and scarcely in $A$, because what matters to him is the way future has developed thanks to $B$. As a scientist of today, I respect the historians working within the first perspective (without which there would be no history at all), but I regret a trend that undervalues the second. If we want to understand the past we must do so on its own terms and disregard the future of that past, but if we want to understand the present we had better not disregard the past steps that were essential for getting to the present. This is of importance especially for those of us engaged in trying to push ahead on the scientific path of discovery today. We are not much interested in what scientists did wrong; there is too much of that. We are interested in what they did right because we are trying to copy them in this latter, not in the former.

From this perspective, I take the liberty to summarize Aristotle’s physics using modern terminology whenever possible. Aristotle details his physics in three books: *Physics* (below referred to as [Ph]), *On the Heavens* (below referred to as [He]), and *On Generation and Corruption*. The first is the book that has given the name to the discipline; it is a profound masterpiece, and it discusses Eleatism, the notion of change, the nature of motion, the infinite, space, time, infinite divisibility (Bolton 1995; Wieland 1970; Ugaglia 2012a). Some of the issues discussed, such as the nature of time, are still of central relevance today, for instance, in quantum gravity research. But this is not what I focus on here. The second book is simpler and contains most of what we call Aristotle’s physics today. I focus here on the parts of the theory that are comparable to Newtonian physics and that form the basis of the Aristotelian theory of local movement ($φορά$). The theory is as follows. There are two kinds of motions:

(a) Violent motion or unnatural (Ph 254b10)
(b) Natural motion (He 300a20).

Violent motion is multiform and is caused by some accidental external agent. For instance, a stone is moving toward the sky because I have thrown it. My throwing is the cause of the violent motion. Natural motion is the motion of objects left to themselves. Violent motion is of finite duration. That is:

(c) Once the effect of the agent causing a violent motion is exhausted, the violent motion ceases.

To describe natural motion, on the other hand, we need a bit of cosmology. The cosmos is composed of mixtures of five elementary substances to which we can give the names Earth, Water, Air, Fire (He 312a30), and Ether. The ground on which we walk (the ‘Earth’) has approximate spherical shape. It is surrounded by a spherical
shell, called the ‘natural place of Water’, then a spherical shell called ‘natural place of Air’, then the ‘natural place of the Fire’ (He 287a3o). All this is immersed in a further spherical shell (He 286b10) called the Heaven, where the celestial bodies like Sun, Moon, and stars move. The entire sphere is much larger than the size of the Earth, which is of the order of 400 thousand stadii (He 298a15; a bit too much, but an estimate of the correct order of magnitude). The entire cosmos is finite, and the outermost spherical shell rotates rapidly around the central Earth. Given this structure of the cosmos, we can now describe natural motion. This is of two different kinds, according to whether it is motion of the Ether or motion of one of the four elements Earth, Water, Air, and Fire.

(d) The natural motion of the Ether in the Heavens is circular around the center (He 26915).

(e) The natural motion of Earth, Water, Air, and Fire is vertical, directed toward the natural place of the substance (He 300b25).

Since elements move naturally to their natural place, they are also found mostly at their natural place.\(^1\)

This is the general scheme. Aristotle also discusses in more detail the rate at which natural motion happens. He states that

(f) Heavier objects fall faster: their natural motion downward happens faster (Ph 215a25; He 311a19-21);

(g) the same object falls faster in a less dense medium (Ph 215a25).

Quantitative precision is not very common in Aristotle, who is interested in the causal and qualitative aspects of phenomena. But in the text following (g) (Ph 215a25), Aristotle uses a mathematical (geometrical) notation from which one can infer that he is actually saying with a certain technical precision that the speed \(v\) of fall is proportional to the weight \(W\) of the body, and inversely proportional to the density \(\rho\) of the medium. In modern notation,

\[
(h') \quad v \sim c \frac{W}{\rho} \quad \text{(1)}
\]

where \(c\) is a constant. What one can deduce from Aristotle’s discussion is indeed a bit weaker: essentially that the speed would go to infinity if the density of the fluid would go to zero. In modern (and now definitely very anachronistic) terms, this could be formulated as

\[
(h) \quad v \sim c \left(\frac{W}{\rho}\right)^n \quad \text{(2)}
\]

with positive \(n\). About the constant \(c\), Aristotle says that

\(^1\) Which, by the way, is the source of Aristotle criticism to Anaximander’s or Plato’s explanation of why the Earth does not move. It is not because ‘of indifference’ as (at least according to Aristotle) these authors claim. Rather, it is because it stays at its natural place.
(i) The shape of the body [. . .] accounts for its moving faster or slower (He 313a14);

that is, the constant $c$ depends on the shape of the body.\(^2\) The context in which Aristotle refers to these relations is a discussion on the void. Aristotle argues that (1) or (2) imply that

(j) In a vacuum with vanishing density a heavy body would fall with infinite velocity (Ph 216a).

In fact, it is mostly on the basis of this deduction that one can reconstruct (2). On the basis of this (and other) arguments, Aristotle concludes denying the possibility of void:

(k) From what has been said it is evident that void does not exist (Ph 217b20).

In an early dialog (Galilei 1960), Galileo, disliking this conclusion, suggests that it can be avoided by replacing the inverse dependence of $v$ on $\rho$ with a difference (see Heilbron 2010: 51), something like $v \sim c W - \rho$, which would avoid the infinite speed in vacuo where $\rho$ vanishes.\(^3\)

Two comments are called for here before proceeding. First, Aristotle’s choice of four elementary substances is strictly dependent on his theory of motion and is deduced from observation. If all things fell down, only one substance would be needed, but some things, like fire, move up. If there were only things moving upward (like fire) or downward (like earth), two elementary substances would suffice: one with a natural tendency of moving upward and one with a natural tendency of moving downward. But observation teaches us that there are objects that move upward in one medium but downward in another. Air bubbles up in water, but is pushed down by fire going up. Wood moves down in air and up in water. This requires a complex theory or relations between several elements (He 269b20-31 and 311a16–b26).

Second, contrary to what is sometimes stated, the distinction between natural and violent motion survives in later theories of motion. For instance, the first two laws of Newton’s physics clearly reproduce this distinction: in Newton’s theory, the natural motion of a body is rectilinear and uniform (constant speed and straight): this is how a body moves if nothing acts on it. In contrast, violent motion is the accelerated motion of an object subjected to a force. The two theories differ in the identification of the ‘natural’ motion (rectilinear uniform in Newton, vertical and ending at the natural place in Aristotle) but also in the effect caused by an

\(^2\)I am perhaps a bit understating here the variety of Aristotle’s attempts to supply principles of proportion for motion and for speed.

\(^3\)Galileo praises himself for this stupid idea: ‘Oh! Subtle invention, most beautiful thought! Let all philosophers be silent who think they can philosophize without a knowledge of divine mathematics!’ Later in life he will make better use of the mathematics that Aristotle lacked.
agent. An external agent causes an acceleration in Newton’s theory but it causes a displacement in Aristotle’s theory. However, the fundamental inertial/forced distinction is taken from Aristotle’s natural/violent distinction (more on this later).

3. The Approximation

Aristotle’s physics is the correct approximation of Newtonian physics in a particular domain, namely, the domain where we, humanity, conduct our business. This domain is formed by objects in a spherically symmetric gravitational field (that of the Earth) immersed in a fluid (air or water) and the main celestial bodies visible from Earth. The fact that Aristotelian physics (unlike the physics of most of his commentators) is to be properly understood as the physics of objects immersed in a fluid, air, or water, has been emphasized by Monica Ugalia (2004, 2012b), and in my opinion this is the key to understanding Aristotle’s physics in modern terms.

For a student who has learned physics in a modern school, it may sound strange to start physics by studying objects in a fluid. But for somebody who hasn’t, it may sound strange to start anywhere else: everything around us is immersed in a fluid. Aristotle’s physics is a highly nontrivial correct description of these phenomena, without mistakes, and consistent with Newtonian physics, in the same manner in which Newtonian physics is consistent with Einstein’s physics in its domain of validity (see also Moody 1975).

To see this, we must start by distinguishing the Heavens and the Earth. Let us start from the Earth. The domain of terrestrial phenomena in which Aristotle is interested is definitely nonrelativistic and nonquantistic, and therefore we can disregard relativity and quantum theory and start from Newton’s theory. Second, Aristotle is interested in movements of objects on the surface of the Earth, both in water and outside water, in air. The motion of an object in this context is described in Newtonian theory by the equation

$$\vec{F} = m\vec{a}$$

(3)

where \(m\) is the mass of the object, and \(\vec{a}\) is its acceleration. According to Newton’s theory, the force \(\vec{F}\) acting on the object consists of various components that can be simply added. These are: gravity, buoyancy, fluid resistance, and any other additional force. These forces are given by the following expression,

$$\vec{F} = -G\frac{mM}{r^2z} \hat{z} + \rho \vec{z} - C \rho |v| \vec{v} + \vec{F}_{\text{ext}}.$$  

(4)

The first term is the force of gravity of the Earth: \(G\) is Newton’s constant, \(M\) the mass of the Earth, \(r\) the distance from the center of the Earth, and the vector \(\hat{z}\) is the unit vector toward the upper vertical. Since the range of variability of \(r\) is small with respect to \(r\) for the bodies we are concerned with, we can approximate this term by

$$- G\frac{mM}{r^2} \hat{z} \sim -mg \hat{z}$$

(5)
where $g$ is Galileo’s acceleration: $g \sim 9.8 \text{ m/s}^2$. The second term is the (Archimedes) buoyancy force due to the weight of the fluid in which the body is immersed; it is different in air and in water; $V$ is the volume of the body, and $\rho$ is the density of the fluid. The third term is the dissipative force due to the resistance of the fluid (water or air) in which the body is immersed; $\vec{v}$ is the velocity of the body, and $C$ is a coefficient that depends on the size and shape of the body. Finally, the last term is the sum of all the forces that are due to other external agents. The absence of this last term is what Aristotle calls ‘natural’ motion as in (b), above. Therefore, the distinction in (a) and (b) is simply the distinction between the cases where $\vec{F}_{\text{ext}}$ is present or vanishes. We deal later with violent motion; for the moment let’s stay with natural motion, and therefore have this last term vanish.

Let’s consider a motion that has zero initial velocity. Its equation of motion at initial time is therefore

$$m\ddot{z} = -(mg - V\rho)\ddot{z} = (V(\rho - \rho_b))\ddot{z} \tag{6}$$

where

$$\rho_b = mg / V \tag{7}$$

is the density of the body. The body will immediately start moving up or down, according to whether its density is higher or lower than the density of the fluid in which it is immersed. Therefore, Earth will move down in any case. Water will move down in Air. Air will move up in water. Objects that have a specific weight intermediate between water and air (such as wood), in Aristotelian terms mixtures including Air as well as Water, will move up in Water and down in Air, and so on. This is precisely the content of (e) above. Furthermore, if a body is immersed in a substance of the same kind, as Water in Water, then it can stay at rest: it is at its natural place. In other words, the theory of natural motion is the correct description of the vertical motion of bodies immersed in spherical layers of increasingly dense fluids as are the bodies in the domain of validity of Aristotelian theory.

Now let us consider the full natural motion of a body. This is governed by the equation

$$m\ddot{z} = -gm\ddot{z} + V\rho \ddot{z} - C\rho |v|\ddot{v}. \tag{8}$$

Assuming for simplicity’s sake that the body is initially at rest, we have the one-dimensional differential equation

$$m\frac{dv}{dt} = -(mg - V\rho) - C\rho v^2. \tag{9}$$

The solution of this differential equation is

$$v(t) = \sqrt{\frac{mg - V\rho}{C\rho}} \tanh \left[ \sqrt{(mg - V\rho)C\rho} \ t \right]. \tag{10}$$

For large $t$ the hyperbolic tangent goes to unity. Therefore, the characteristic of this solution is that bodies that fall have two regimes: first a transient phase that
lasts for time of the order

\[ t \sim 1/\sqrt{(mg - V_\rho)C}, \quad (11) \]

and then a steady fall where the velocity stabilizes to

\[ v = \sqrt{\frac{mg - V_\rho}{C_\rho}}. \quad (12) \]

The existence of these two phases is important for understanding the common confusion about Aristotle’s theory of falling. Let me explain this key point for readers less at ease with equations. A piece of metal falling in water reaches very rapidly a constant velocity. Similarly, a stone dropped from high altitude by a bird reaches rapidly a constant velocity. This true fact of nature is commonly disregarded by most critics of Aristotle’s physics.

The transient phase during which a body reaches the constant falling velocity is generally too short for a careful observation. For a piece of metal falling in water this duration is often below our ability to resolve it. For a heavy object (like a stone) falling for a few meters, the time taken to fall is comparable with the transient phase time; therefore, the stone does not have the time to reach the steady phase. But such a phenomenon implies fast velocities that again are hard to resolve with direct observations (unless one is as smart as Galileo to guess, correctly, that an incline would slow the fall without affecting its qualitative features.)

In most cases of interest, the buoyancy term \( V_\rho \) is negligible with respect to the weight \( mg \), and the velocity of fall in the steady regime becomes

\[ v = \sqrt{\frac{W}{\rho}} = c \left( \frac{W}{\rho} \right)^{1/2}, \quad (13) \]

where \( c \) is a constant that depends on the shape and the dimension of the body, which are not easy to predict with elementary tools.

This shows that a heavier body falls faster than a lighter body, precisely as Aristotle states in (f) and that equal bodies fall faster in a less dense medium, as Aristotle states in (g). This last relation must in fact be compared with Aristotle’s relation (h). Finally, at equal weight and density, the shape of the body also has an effect, as Aristotle states in (i). We see that Aristotle is perfectly correct in evaluating the falling velocity as something that depends directly on the weight \( W = mg \) and inversely on the density of the medium, with a coefficient that depends on the shape of the body. What Aristotle does not have is only the square root, namely \( n = \frac{1}{2} \), which would have been hard for him to capture given the primitive mathematical tools he was using. His factual statements are all correct. It’s hard to claim this is not based on good observation.

If readers think all this is ‘intuitive’ and ‘self-evident’, they should ask themselves if they would have been able today to come up with such an accurate and detailed account of the true motion of falling objects.

Let us now consider violent motion concerning terrestrial objects. By definition, these have nonvanishing \( F_{\text{ext}} \). Disregarding for simplicity’s sake the weight and
buoyancy term, the relevant Newtonian equation of motion is then

\[ m\ddot{a} = -C\rho |v|\dot{v} + \vec{F}_{\text{ext}}. \]  

If a body that is initially at rest is subject to a force \( \vec{F}_{\text{ext}} \) for a certain time, it will accelerate and reach a velocity \( v_o \). Considering (as does Aristotle) the case when the agent stops acting on the body, the Newtonian equation of motion for the body is then

\[ m\ddot{a} = -C\rho |v|\dot{v} \]  

or, for a motion in one dimension,

\[ \frac{d^2x}{dt^2} = -\frac{C\rho}{m} \left( \frac{dx}{dt} \right)^2. \]

This is easy to integrate, giving

\[ x(t) = \frac{m}{C\rho} \ln \left[ \frac{v_o C\rho}{m} t \right] \]

where \( v_o \) is an integration constant. The velocity is

\[ v(t) = \left( \frac{m}{C\rho} \right)^{\frac{1}{2}} \frac{1}{t} \]

and goes to zero as the time \( t \) grows. The slowing logarithmic growth of \( x(t) \) has the consequence that the natural motion brings the object downward before much path can be covered. This has the effect that any violent motion comes effectively to an end in a finite time, as Aristotle states in (c).

Let me return to natural motion. What about the initial transient phase? Contrary to what many high-school books state, in this phase the velocity is also higher for a heavier body. If the body does not have time to reach its steady state velocity, namely, if \( t \ll \frac{m}{\rho f} \), we estimate the velocity by expanding for short times. This gives

\[ |v| = \left( g - \frac{V\rho}{m} \right) t, \]

which shows that heavier objects fall faster, precisely as Aristotle states in (f). The effect is stronger if we keep track of the friction term, of course. But the fact remains true even disregarding friction! Heavier objects fall faster even in the approximation where we disregard the friction with the air!

The terrestrial physics of Aristotle perfectly matches the Newtonian one in the appropriate regime. In any reasonable terrestrial regime, it is definitely not true that objects with different weight fall at the same speed.

Aristotle’s detailed theory, however, as well as his detailed observations leading to it, refer mostly to the steady regime of falling where observation is easier. His theory disregards the initial transient phase. This phase is either too short (in water) or too rapid (for very heavy objects in air) for any careful observation. This phase, on the other hand, is relevant for the short fall of heavy objects, which is the regime on which Galileo (fruitfully) concentrated, circumventing the difficulty of
observation by the ingenious trick of the incline. For this regime, as was already pointed out as early as the sixth century by Philoponus, the speed of fall is not proportional to the weight: a ball of lead doesn’t reach ground from a specific height in half the time of a ball of half its weight. The buoyancy force and the resistance of the medium do not have the time to become effective in these short falls. (Two heavy balls with the same shape and different weight do fall at different speeds from an airplane, confirming Aristotle’s theory, not Galileo’s.)

Let us now come to the physics of the Heavens. Here the regime of interest is that of the bodies we see in the sky; they are not immersed in fluid, are at large distances from Earth, and their apparent motion is slow. Since they are not immersed in a fluid, we can drop the second and third term from (\(2\)). Since they are distant, we cannot use the approximation (5). Thus, (4) becomes now

\[
\vec{F} = -G \frac{mM}{r^2} \hat{z}.
\]

(20)

The simplest solution of this equation and (1) is of course given by the circular Keplerian orbits, and we know that these happen to describe quite well the relative motions of the Earth-Sun system and the Moon-Earth system. Since the celestial bodies are distant and move slowly, we must be careful in translating the motions to our own reference system, which is that of the moving Earth. We must take the motion of the Earth into account. As is well known, to the relevant approximation, the visible motions of stars, Sun, and Moon are simply given in Newtonian physics by the apparent rotation of the sky due to the Earth’s rotation, the combination of the apparent motion of the Sun due to the Earth’s rotation and orbital motion, and the Keplerian orbit of the Moon around the Earth. All these motions are to a very good approximation—in fact, exactly so within the observational limits of Aristotle’s observational tools—described by circular motions around the center of the Earth, as in (d).

We can conclude that Aristotle’s physics is correct in its domain of applicability. This is given by bodies subjected to a gravitational potential and immersed in fluid (terrestrial physics) and by celestial bodies whose motion is either Keplerian around the Earth or the apparent motion due to the Earth’s rotation and orbital motion. Aristotle correctly distinguishes the two regimes where two different sets of laws hold, in the respective approximations, namely (d) and (e).

Before concluding this technical reconstruction, let us deal with the only two statements we have neglected so far: (j) and (k). The statement (j) follows immediately from equation (13). Therefore, it is predicted by the model we are using. This is at first puzzling: bodies reach infinite speed when falling in a vacuum. The apparent puzzle is resolved by recalling that we have used an approximation. The relevant approximation here is the one in equation (5). The gravitational force is taken to be constant to derive (13), but it is not constant in reality. A body falling in a hypothetical void is not accelerating forever because at some point it hits the mass from which the attraction originates.

What is interesting here is that the infinity is generated by the fact that the theory is an approximation. It is corrected by the more complete theory. This is precisely the expected situation in modern physics with the infinities that appear in general
relativity (‘singularities’) and in quantum field theory (‘ultraviolet divergences’), which are expected to be simply signals that we are using the theory outside its domain of validity. Therefore, Aristotle’s deduction (j) and the consequent (k) are correct within the approximation (as it is correct to say that general relativity yields singularities and quantum field theory ultraviolet divergences), but they are not physically correct because they extrapolate outside the domain of validity of his theory.\footnote{On the other hand, the importance of Aristotle’s conclusion should not, in my opinion, be underestimated. In the ancient atomistic physics of Democritus, the atoms were supposed to move freely in the void; this is consistent with Newtonian inertial motion. But in the later version of this idea developed by Epicurus, it is weight that makes them move. Aristotle had previously shown in the context of his theory of motion that if we extrapolate the common motion due to weight to a situation where the medium has no density at all, as the atomist’s vacuum, the speed of the steady state would be infinite, and the same is true in the Newtonian theory. Therefore, Epicurus’s modification of Democritus’s inertial motion has a problem that (remember I am taking here the anachronistic perspective of a contemporary physicist) could have been pointed out to him by Aristotle. Democritus’s version of atomic free motion is stronger than that of Epicurus because it is does not suffer from the problem of an infinite speed that Aristotle correctly deduced.}

In summary, Aristotle’s physics of motion can be seen, after translation into the language of classical physics, to yield a highly nontrivial but correct empirical approximation to the actual physical behavior of objects in motion in the circumscribed terrestrial domain for which the theory was created.

4. Strength and Weakness of Aristotle’s Physics

Obviously, Aristotle’s physics is far from being perfect. In this, too, it is similar to Newton’s and Einstein’s physics, which are far from being perfect either (the first wrongly predicts the instability of atoms, and the second predicts implausible singularities, for example). Among the various limitations of Aristotelian physics, I illustrate here a few, of a different nature.

1. According to Aristotelian physics, a body moves toward its natural place depending on its composition. This is subtly wrong. Why does wood float? Because its natural place is lower than Air, but higher than Water. This was taken in antiquity as the theoretical explanation of why boats float. It follows that a boat cannot be built with metal. Metal sinks. If this theory were correct, metal boats would not float. But they do. Therefore, there is something wrong, or incomplete, in Aristotle’s theory. The point was understood, of course, by Archimedes: what determines whether or not a body floats in water is not its composition but the ratio of its total weight to its (immersed) volume. More technically, the quantity $V$ in equation \((5)\) is not the volume of the body but the overall volume of water it displaces. This was missed by Aristotle (He 313a15). Archimedes’s discovery had major technological and economical consequences (Russo 2004). As soon as the true reason for floating
was understood, the hull of the Greek kingdoms’ ships was covered by a protective metal layer. This dramatically decreased the need for regular cleaning and therefore the need for pulling the ship periodically out of the water. As a consequence, ships tripled in size (in the third century BCE), which had a strong impact on trade and development. Theoretical physics had technological and economical consequences in antiquity too.

2. Aristotle appears to struggle with the distinction between weight and specific weight without offering a clear distinction between the two (see Ugaglia 2012b).

3. Violent motion is caused by an external agent. This is fine. But Aristotle’s premises lead him to assume that the direct effect of the agent stops in the moment the agent stops acting. This forces him to a complicated and unpalatable explanation of why a stone keeps traveling upward for a while after having left my throwing hand. Aristotle’s tentative explanation is based on the effect of surrounding fluid and is unconvincing. This led to the medieval theories of impetus and was a major factor for the subsequent advance of physics. The internal difficulties of a good theory are the best hint for advancing our understanding. The same happened, for instance, with the equally unpalatable Newtonian action at a distance, which was the key for Einstein’s advances.

4. Aristotle does have an idea of things getting faster and slower but lacks the resources to properly characterize continuous acceleration. This was an issue much considered in medieval physics (Grant 2008), but it was Galileo’s triumph to understand first empirically (with the incline experiments) and then conceptually the central importance of acceleration. In this way, Galileo opened the way to Newton’s major achievement on which modern physics is built: the main law of motion $F = ma$.

5. Let me now move to more general methodological concerns. The major limitation of Aristotelian physics, from a modern perspective, is its lack of quantitative developments. Aristotle is concerned only with the quality, direction, causes, duration of motion, not the quantitative values of its velocity and so on. Aristotle rarely makes use of mathematics in his science. Quantitative science was probably stronger in Plato’s Academy (Fowler 1999), for instance, with Eudoxus’s astronomy, and developed widely in Hellenistic times, especially with Hipparchus, whose marvelously effective mathematical science we know from the Almagest.

5 Plato himself attempted a mathematicization (a geometrization) of atomism in the Timaeus. Beautiful and totally flawed—this is how science often works. Plato’s mistake (from our anachronistic perspective) was to fail to see that to be effective, mathematics had to be used to describe evolution in time, not static shapes.
6. There is very little explicit reference to experiments in Aristotelian physics. But this should not be confused with lack of observation. Aristotelian physics is grounded in accurate observations, just like Aristotle’s biology. One example: a generation earlier, Plato claimed to find the idea that the Earth could be spherical reasonable, but said that he would not be able to prove it (Plato 1993). In his writings, Aristotle provides compelling empirical evidence for this fundamental scientific result, on the basis of a remarkable use of observation: during lunar eclipses, we see the shadow of the Earth projected on the surface of the moon. By careful observation we see that this shadow is circular (He 297b30). Notice that there are several geometrical shapes that can project a circular shadow, for instance, a cylinder or a cone, but lunar eclipses happen at different hours of the night. In these different situations the Earth is oriented differently with respect to the Sun-Moon line. Therefore, it must have a shape that remains circular even if the object is rotated around an axis perpendicular to the direction of light. A cylinder and a cone do not have this property, because their shape changes into a rectangle and a triangle, respectively. The only shape that has this property is a sphere. This proves empirically, and very solidly indeed, that the Earth has a shape that is (approximately) spherical. It can definitely not be said that Aristotle’s physics lacks a fine observational foundation.

As much as it lacks active experimental investigation, Aristotelian physics is rich in deduction. Several of the arguments Aristotle uses sound wrong to modern ears. But the strength of Aristotelian deductions in natural science should not be underestimated. Much of Aristotle’s physics is based on observations, such as the fact that there are bodies that move upward in one medium and downward in another, and a wealth of consequences that can be deduced from these observations. Humanity had to wait for Bacon and Galileo to learn the power of directly interrogating nature, but the Aristotelian deduction mode remains useful in science and has played a major role in the physics of the likes of Einstein and Maxwell.

A word about the claimed ‘intuitive’ aspects of Aristotle’s physics. It is counterintuitive to think that the Earth is spherical and things move vertically in different directions in different parts of the world. In the fourth century the idea of a spherical Earth was still relatively new, and Aristotle provides solid empirical evidence for it in his writings. The physics compatible with this is far from intuitive. Aristotle himself points out the differences between his theory and intuition [He 307b25]. In fact, there are many nonintuitive aspects in Aristotelian physics. The distinction between absolute and relative notions of light and heavy; the idea that the large variety of the things of the world could be accounted for in terms of four elementary substances; the idea that upward or downward natural motion stops when the body reaches its natural place; the distinction between natural motion
and violent motion, a distinction that, even today, I find hard to understand, in spite of the fact that it remains in Newtonian physics. In Aristotle’s time there were competing physical schemes, such as those of the atomists, Plato’s *Timaeus*, Empedocles, and I am not aware of any ancient writer stating that the physics of Aristotle is more intuitive than the theories of those other writers. Aristotle goes to great length in criticizing these alternative ideas, using highly nonintuitive arguments. Aristotle’s physics is not intuitive at all. It is a complex and tight conceptual scheme.

Aristotelian physics is often presented as the dogma that slowed down the development of science. I think that this is very incorrect. The scientists coming after Aristotle had no hesitation in modifying, violating, or ignoring Aristotle’s physics. Archimedes’s understanding of the rules of floating is hardly compatible with Aristotelian physics. Ancient astronomy had no hesitation in contradicting Aristotle (Barbour 1989): in his theory about the Sun, Hipparchus accounts for the difference of duration of the seasons (defined as the time span between equinoxes and solstices) assuming that the Sun orbit is *not* centered on the center of the Earth. More dramatically, Ptolemy ameliorates Hipparchus’s predictive system by assuming that celestial bodies do *not* move at a constant speed on their path, but rather at a variable speed determined by the equant construction. This is in flagrant contradiction to Aristotelian physics. Even in discussing Aristarchus’s heliocentric ideas, Ptolemy (1990: I, sec. 7) mentions that they would require a deep revision of Aristotle’s physics, but he does not seem to consider this as the major obstacle against these ideas. In the Middle Ages the physics of Aristotle was discussed and modified repeatedly, but it took Copernicus, Galileo, Kepler, and Newton to develop a more powerful theory. It was not a dogmatic view of Aristotle’s theory that kept the latter alive; rather, it was the difficulty of finding something better. In a similar way, Newton’s theory did not remain the fundamental paradigm for three centuries because it was a dogma, but because it was difficult to find something better. The reason Aristotelian physics lasted so long is not that it became dogma; it lasted because it is a very good theory.

5. Incommensurability and Continuity

In my own field of research, theoretical physics, a ‘vulgata’ of Kuhn’s incommensurability thesis has a strong hold. According to this vulgata, advance in science is marked by discontinuity, the greater the discontinuity the stronger the advance, and not much more than the phenomena survives across the discontinuity. This has fostered a style of research based on the ideology of discarding past knowledge as irrelevant and working by ‘guessing’ possible theories. In my opinion, this ideology is one of the reasons for the current sterility of theoretical physics.

Science generates discontinuities and constantly critically reevaluates received ideas, but it also builds on past knowledge, and its cumulative aspects by far outnumbers its discontinuities. The earth was discovered to be approximately spherical and has remained so; it goes around the Sun and not vice versa, and it will continue to do so. Matter has atomic structure, and no Kuhnnian revolution
will cancel this; living things on Earth have common ancestors, and we are not
going to unlearn this, and so on ad infinitum.

Past theories are not cancelled by advanced theories. They are integrated and
better understood within a more powerful perspective. Einstein’s theory does not
falsify Newton’s theory; rather, the former clarifies the latter by neatly specifying
its domain of validity, and it sheds light on puzzling aspects of the theory by
unveiling deeper structures that account for them. Newton’s unpalatable action at
a distance, for instance, is not cancelled in Einstein’s theory: it is simply explained
as the approximation in which the finite-speed propagation of the gravitational
field is disregarded.

Advanced theories build heavily on past theories, continuously rebuilding
their conceptual structure and rearranging this conceptual structure. Quine
repeatedly uses the beautiful Neurath’s boat simile to illustrate this idea (Quine
1960).\(^6\)

One can still recognize old Aristotle’s vessel, after many repairs and
improvements, in the conceptual structure of modern theoretical physics. The
Newtonian distinction between inertial motion and motion due to a force, or
modern physics’ distinction between the kinetic and the interaction terms in the
action still are direct traces of the Aristotelian distinction between natural and
violent motion. Unlike one of the referees of this paper, I do not think this is
merely an analogy; in my opinion it is too much of an anachronism to think
that Aristotelian bodies move naturally as a result of an internal nisus that is the
Aristotelian analogue to a force constantly acting on the object. It is in Newtonian
terms that we say that a body falls because of the force of gravity. But to be able
to say so, Newton had to tell us what happens to a body over which no force acts,
and that is the purpose of his first law. In other words, he still had to say what
natural motion is: a motion on which no force acts. Thus, Newton is still using
(and making very good use of) Aristotle’s original distinction between natural and
violent motion. He simply interprets falling as violent motion and identifies an
agent: gravity.

This view of the growth of scientific knowledge allows us to talk about past
theories in modern terms. Of course, this does not make the *historical account*
of the theory more genuine. That is, not in view of the first perspective on
the history of science. We do not understand the historical Newton better by
knowing that his action at a distance is accounted for by general relativity. But
we definitely understand our present scientific theories and the historical path that
has allowed us to find them better by understanding action at a distance as an
approximation.

From this perspective Aristotle’s physics deserves a sharp reevaluation. With
all its limitations, it is great theoretical physics. Its major limitation is that it is
not mathematical. Aristotle failed to absorb the Pythagorean visionary faith in the

\(^6\) ‘We are like sailors who on the open sea must reconstruct their ship but are never able to start afresh from
the bottom. Where a beam is taken away a new one must at once be put there, and for this the rest of the ship
is used as support. In this way, by using the old beams and driftwood the ship can be shaped entirely anew, but
only by gradual reconstruction’.
power of mathematics, which Plato recognized and transmitted to his school and from which the great ancient mathematical physics of Alexandria, in particular as applied to astronomy, developed. But Aristotle was able to construct a powerful account of physics that is the ground on which later physics has built. When Galileo realized that the missing ingredients were the notion of acceleration and the use of formulas, thus opening the way to Newton, Galileo’s interlocutor was Aristotle. Not because Aristotle was the stupid dogma that intelligence should overcome, but because Aristotle was the best of the intelligence of the world that thirty centuries of civilization had so far produced in this field.

Of course, Galileo, master of propaganda and grand master in the use of words, did his best to ridicule Aristotelian ideas in the effort to win a difficult battle against a giant. From this, much of the bad press suffered by Aristotle’s physics followed. But Galileo himself, from whom so much of the present attitude against Aristotle’s physics derives, recognized the value of the theory of his opponent: he repeatedly opined that Aristotle was enough of an empiricist to modify his view in light of the new experimental evidence. Indeed, it’s a central feature of his rhetoric to emphasize that his beef is with his contemporary so-called Aristotelians, not with Aristotle himself. In a late letter (Galilei 1890a), Galileo writes: ‘I am impugned as an impugner of the Peripatetic doctrine, whereas I claim, and surely believe, that I observe more religiously the Peripatetics or should I rather say the Aristotelian teachings than do many that put me down as averse to them’. And in a letter a month later (Galilei 1890b), he emphasizes the fact that Aristotle put experience before reasoning and concludes, ‘I am sure that if Aristotle would return to Earth he would accept me among his followers on account of my few but conclusive contradictions to him’.

Galileo’s books testify to his struggle with Aristotle’s physics in something like hand-to-hand combat (Drake 2003): several of Galileo’s books are punctilious dialogs where one of the characters is an Aristotelian. Often Aristotle’s ideas are harshly criticized, but those ideas are the ground from which the new Galilean physics starts. Galileo’s struggle with Aristotle is similar to that of Copernicus’s with Ptolemy, Newton’s with Descartes, Einstein’s with Newton, or Dirac’s with Hamilton. It is by building on the past successes and opening them up in depth to modify them that the best science has progressed. Aristotle must be considered as part of the history that has brought us to the present. The continuity between Aristotle and Newton passing by Galileo is, in my opinion, evident. Einstein is not even conceivable without the previous work of Newton, and Newton is inconceivable without the previous work of Galileo, and Galileo is inconceivable without the masterful physics of Aristotle.

A very recent book aiming to summarize the philosopher’s doctrines concludes the chapter on Aristotle’s physics with the words: ‘We can say that nothing of Aristotle’s vision of the cosmos has remained valid’ (Natali 2014: 138). From a modern physicist’s perspective, I’d say the opposite is true: ‘Virtually everything of Aristotle’s theory of motion is still valid.’ It is valid in the same sense in which Newton’s theory is still valid: it is correct in its domain of validity, profoundly innovative, immensely influential, and it has introduced structures of thinking on which we are still building.
The bad reputation of Aristotle’s physics is undeserved and leads to widespread ignorance. For instance, think for a moment—do you really believe that bodies of different weight fall at the same speed? Why don’t you just try: take a coin and piece of paper and let them fall. Do they fall at the same speed? Aristotle never claimed that bodies fall at different speeds ‘if we take away the air’. He was interested in the speed of real bodies falling in our real world, where air or water is present. It is curious to read everywhere: ‘Why didn’t Aristotle do the actual experiment?’ I would retort: ‘Those writing this, why don’t they do the actual experiment?’ They would find Aristotle right.

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